

WESTERN NEW BRUNSWICK WELCOME GUIDE

FOSTERING WELCOMING COMMUNITIES





ACKNOWLEDGEMENTS

“We respectfully acknowledge the territory in which we gather as the ancestral homelands of the Wolastoqey, Mi'gmaw, and Peskotomuhkati peoples. We strive for respectful relationships with all the peoples of this province as we search for collective healing and true reconciliation and honor this beautiful land together.”



CHANGE

Welcome to Western New Brunswick. With its effortless balance of urban lifestyle and rural charm, the Western NB Region offers a rich cultural heritage, thriving economy, a strong sense of community, and has everything that you need to create a new home.

Explore Ignite's "[Our Region](#)" page to discover a snapshot of each entity within the region.

Whether you have arrived here from another country as an immigrant, or you are a newcomer from another area of Canada or the Province, this guide is a valuable resource to help you navigate the organizations, support networks, and resources needed to settle in the region.



WELCOME TO WESTERN NEW BRUNSWICK

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CHAPTER 01

IMMIGRATION & SETTLEMENT

IMMIGRATION & SETTLEMENT

FEATURED IN THIS CHAPTER:

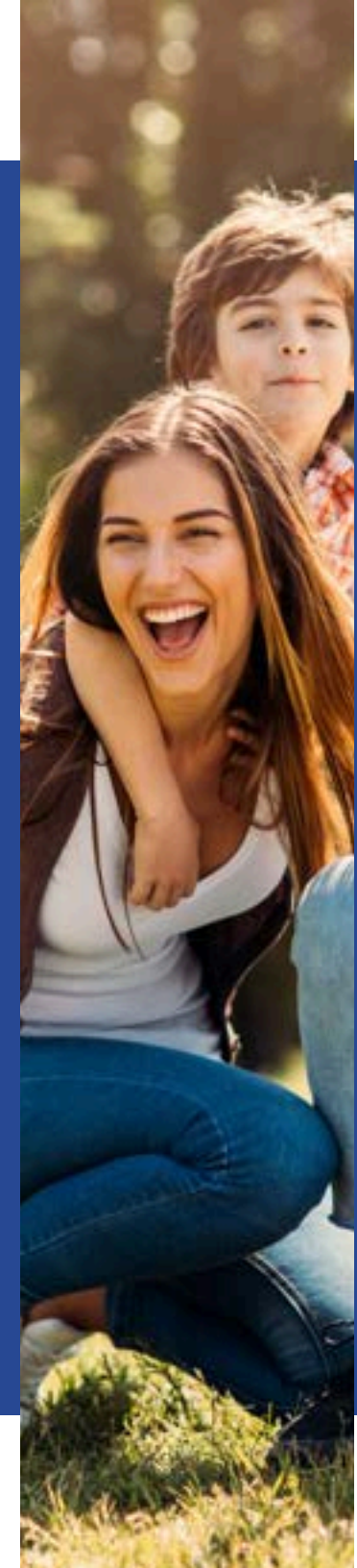
Pre-arrival Document Checklist

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CHAPTER 01



INTRODUCTION

Moving to a new country can be challenging and nerve-racking. Furthermore, navigating the day-to-day in a new country can be confusing and overwhelming. However, there are several resources across the Western New Brunswick region that aim to help newcomers, and people who are thinking of moving to the region. The following is a compilation of resources so that you can access the varied offerings that will aid in the process of settling in the region. This includes various organizations and programs that help newcomers at no cost, so they can successfully navigate the different processes that are taken to settle in a new region and country. Note: The types of services and programming might differ from one organization to another, and there might be different requirements (e.g., language level or immigration status) for certain offerings.



DOCUMENT CHECKLIST: PRE-ARRIVAL TO CANADA



In this section, you can see two different lists of documents that you will need to bring before you arrive in Canada. The ‘Essential Document List’ contains the most important documents that newcomers must keep in mind while preparing themselves to travel.

The second list, ‘Other Documents’ contains documents you will need to bring depending on your circumstances. Take into account that if you are arriving with your family, you need to bring the corresponding documentation, if it applies, for all your family members.

- Have your important documents translated into English or French before you arrive.
- Keep your documents with you at all times (don’t pack them in your luggage).
- For documents on the ‘Other Documents’ list, it’s recommended to make photocopies of these in case the originals get lost. Keep the copies in a separate place from the originals.

For further information, please refer to the government’s [web page](#).

PRE-ARRIVAL CHECKLISTS

ESSENTIAL DOCUMENTS

- Canadian Immigrant Visa (if applicable)
- Disclosure of Funds (if carrying more than CAN \$10,000)
- Health Documentation (immunization/vaccination records)
- Confirmation of Permanent Residence for each member traveling with you
- Valid passport or travel document for each family member traveling with you
- Detailed list of personal belongings you are bringing (2 copies)
- A list of items arriving later and their money value (2 copies)

OTHER DOCUMENTS

- Marriage Certificate
- Drivers License including: an international driving permit, reference from your auto insurance
- Adoption, separation, or divorce papers (if applicable)
- Birth certificates and baptismal certificates
- Letters of references from former employers
- Trade or professional certificates and licenses
- School records, diplomas, or degrees for each family member traveling with you
- List of your educational and professional qualifications
- Car registration documents (if you're importing a motor vehicle into Canada)
- Customs declaration card

PRE-ARRIVAL SERVICES

The Government of Canada offers a wealth of services to newcomers, providing invaluable support to those who have recently arrived or are in the process of moving to Canada.

These services aid newcomers in the following ways:

- Preparing to move to Canada
- Getting education, work experience, and credentials recognized in Canada.
- Connecting with employers to find a job.
- Connect with free services after you arrive in Canada.

All these services are available to all eligible newcomers at no cost, and you can get them online or in person if you are already in Canada.

Eligible newcomers consist of people who:

- Were approved on your permanent residence application.
- Currently outside of Canada.
- Holds one of these documents:
 - a letter from the government saying you can get pre-arrival services
 - a confirmation of permanent residence letter
 - a passport request letter that indicates permanent resident visa issuance
 - a letter from the government asking for your medical exam results
 - a single-entry permanent resident visa
 - a letter from the government notifying you that you pick up your permanent resident visa

If coming to the country for a short period of time, you are not eligible for pre-arrival services. Temporary residents visiting, studying, or working in Canada are also not eligible for these services.



PREPARING TO LIVE IN CANADA: PRE-ARRIVAL SERVICES

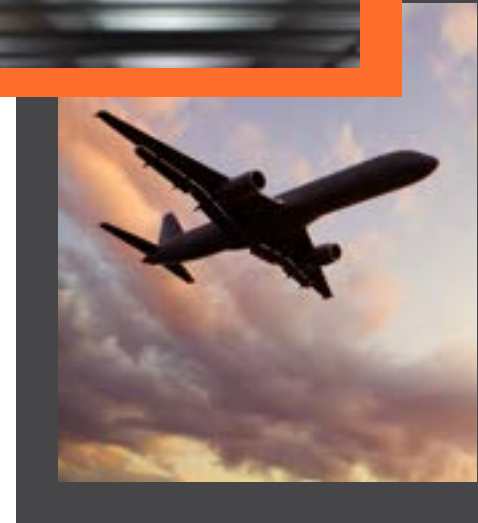
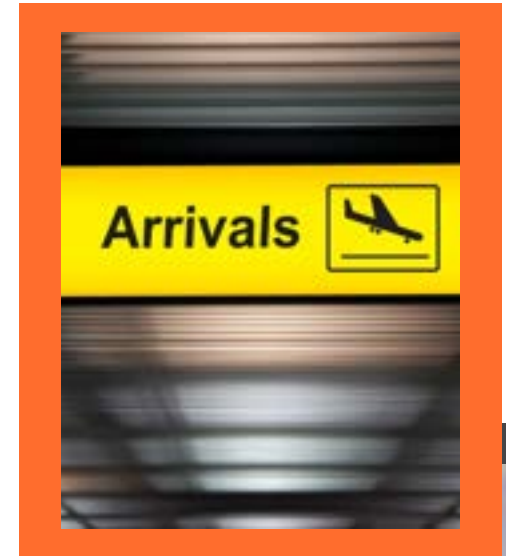
The Pre-Arrival Canada Program provides information on different pre-arrival organizations that assess newcomers' needs and curate a personalized plan to help them settle in Canada and live in a new country. They focus on the following areas:

- Employment Services
- Family and Youth Services
- Settlement Information
- Information on Life in Canada
- Connections with Mentors

Other pre-arrival organizations can provide information and services:

- To plan your move to Canada.
- For Francophone communities and French-speaking newcomers.
- For Refugees
- From the provinces and territories.

For more information on these organizations, refer to the government's [web page](#).





Besides providing help in settling in the country, the Canadian government also refers newcomers to other pre-arrival services that will help them prepare to start job searching in Canada.

These organizations can help newcomers in the following areas:

- search for and find employment
- write your Canadian-style resume
- learn about Canadian workplace culture
- find a mentor with experience
- prepare to get your credentials recognized

To find more information on these organizations refer to the government's [web page](#).



PREPARING TO WORK IN CANADA: PRE-ARRIVAL SERVICES



Immigration NB is a resource created by the provincial government, that compiles courses and guides directed to newcomers coming to the province or who have already established themselves but need more aid. Their focus are international students, temporary foreign workers, and international entrepreneurs trying to navigate the business environment in New Brunswick. They have different programs that support newcomers through their studies in New Brunswick, to navigate the New Brunswick business market, and information on things immigrants should expect while working in Canada.

Immigration NB also provides grants for programs in the province that assist community partners who support and promote inclusion and diversity in New Brunswick.

Tip:

To access their course catalog, you will need to create an account with them, but it is an easy process.

Note:

For more information on Immigration NB, refer to their [web page](#).



IMMIGRATION, REFUGEES, AND CITIZENSHIP CANADA (IRCC)

Through IRCC you can apply to travel, study, work, or immigrate to Canada, apply for citizenship, a permanent resident card, or refugee protection. Furthermore, through the IRCC you can check the status of your application form. They also facilitate the arrival of immigrants, provide protection to refugees, and offer programming to help newcomers settle in Canada.

Note:

For more information on the services the IRCC provide you can check their [website](#).

SETTLEMENT SERVICES FOR NEWCOMERS:

ORGANIZATION NAME	CONTACT INFORMATION	SERVICES PROVIDED
<p><u>Le CAFI (Le Centre d'accueil et d'accompagnement francophone des immigrants du Sud-Est du Nouveau-Brunswick)</u></p>	<p>Location: 715 Priestman Street, Fredericton, New Brunswick Telephone: 506-875-8749 Email: jean.henry@cafi-nb.org</p>	<ul style="list-style-type: none"> • Help with daily life • Help finding a job • Services for refugees • Francophone service provider • Other Services • Services for women • Services for youth
<p><u>Multicultural Association of Carleton County (MACC)</u></p> <p><u>New Brunswick Multicultural Council (NBMC)</u></p>	<p>Location: 645 Main Street, Woodstock, New Brunswick Telephone: 506-328-4690 Email: mcaf@mcaf.nb.ca</p> <p>Location: 494 Queen Street, Suite 200, Fredericton, New Brunswick Telephone: 506-453-1091 Email: culture@nbmc-cmnb.ca</p>	<ul style="list-style-type: none"> • Help with daily life • Pre-Employment Services (Resume Building, Workshops, and Coaching) • Help prepare for the citizenship test • Find or become a mentor to a Newcomer • Services for refugees • English Language Training Services (Online and In-Person) • Settlement Assistance (help with school registration, Medicare, Accommodation, and other Practical Information) • Community Integration • Support for students entering the school system
<p><u>Centre de Ressources Pour Nouveaux Arrivants Au Nord-Quest Inc. (CRNA)</u></p>	<p>Location: 59, Rue Queen, Edmundston, New Brunswick Telephone: 506-735-0604 Email: info@crna.ca</p>	<ul style="list-style-type: none"> • Employment Counseling and Guidance • Support for employers interested in hiring immigrants • The promotion of cultural diversity and professional integration in the workplace • Job search assistance • Creation of networking opportunities • Community Integration
<p><u>Welkom-U</u></p>	<p>Location: 50 Crowther Lane, Suite 140 Telephone: (506) 461-5470 Email: info@welkom-u.ca</p>	<ul style="list-style-type: none"> • Insight on Western New Brunswick • Book Accommodations • Exchange Currency • Find a job

AFTER ARRIVAL CHECKLIST



1 **Seek settlement services**

Settlement services in New Brunswick are offered by immigrant settlement agencies that want to welcome newcomers and help you settle down in the region. They should be your first stop when it comes to information about the region and most of their services are offered for free.

2 **Locate other essential services**

Find your nearest [Service New Brunswick](#) and [Service Canada](#) offices to get your information on requirements for owning land, property tax, or to get information on Social Insurance Numbers (SIN). Moreover, you will need to locate more essential services such as banks, grocery stores, clinics, or hospitals.

3 **Begin language classes**

As listed in the Education Chapter there are different agencies, schools, and universities that offer language classes (French or English). Some services are free, and some others require a fee.

4 **Start looking for a home**

You will need to do some research to choose a neighborhood and decide whether you want to buy a house or rent an apartment or house.

5 **Enroll your children in school**

As stated in the Education Chapter, in New Brunswick, parents are legally obligated to provide education for their children until graduation or until they turn 18. This can be done by enrolling them in a public school, private school, or by homeschooling them.

6 **Open a bank account**

Make sure to pick a bank suitable for your needs. Exchange your currency and open a bank account, you will need photo identification and a home address to open the account.

7**Continue your job search**

Plan your job search and prepare yourself for the application process. Refer to the Work Chapter for more information about places that can assist you with your search for employment.

8**Apply for a Social Insurance Number (SIN)**

Your Social Insurance Number (SIN) is assigned to you by the Government of Canada. You will need it to apply for work, governmental services, and your financial institution for certain transactions. For more information on the Social Insurance Number refer to the Work Chapter.

9**Apply for a driver's license or government photo ID**

You can visit any Service New Brunswick location to find out if you can exchange your driver's license for a New Brunswick license or if you need to go through any tests first. Your New Brunswick license also acts as your official New Brunswick government-issued photo identification.

10**Apply for your Medicare card**

It is of utmost importance for you and your family to apply to the provincial health department which allows you to access medical attention at no cost at all. You can apply for your Medicare when you arrive in the province. It is worth noting that not all medical services are free, even with a Medicare card. You might need private health insurance to cover expenses such as dental, physical therapy, prescriptions, and eyeglasses.

11**Apply for government benefits**

You should apply for government services such as the Canada Child Tax Benefit, the Good and Services Tax Credit, and other government income supports for which you might be eligible. You will need to apply for your Social Insurance Number (SIN) to get government benefits.

12**Become involved in your community**

The best way to find a home away from home is by building a sense of community. There are several community groups and events happening across the region, for more information you can refer to the settlement agency nearest to you or the Community Chapter in the guide.



CHAPTER 02

LIVING IN WESTERN NEW BRUNSWICK

LIVING IN WESTERN NEW BRUNSWICK

FEATURED IN THIS CHAPTER:

Money

Housing

Utilities

Government Services

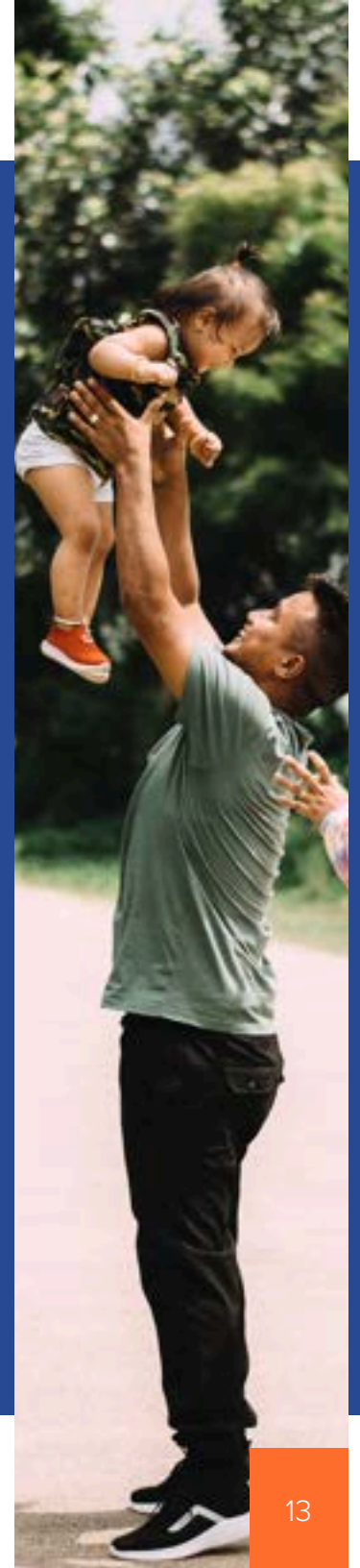
Healthcare

Emergency Services

Transportation

Shopping in Western New Brunswick

CHAPTER 02



INTRODUCTION

There are many things to consider when moving to a new country. As a newcomer, getting used to a new lifestyle, requirements, expectations and living environment can be overwhelming. Due to that, this chapter will explain all the important topics that immigrants need to know about to successfully live and settle in New Brunswick's Western NB region. The chapter will touch on the regional services provided, housing information, banking, taxes, access to healthcare, transportation, and grocery shopping.



MONEY

CANADIAN CURRENCY

Handling a new currency can be confusing and intimidating, but in this section, you'll be introduced to the Canadian currency.

The Canadian dollar (CAD) is available in \$100, \$50, \$20, \$10, and \$5-dollar paper bills. They look like this:



Canadian coins circulate as:

- 5 ¢ (nickel)
- 10 ¢ (dime)
- 25 ¢ (quarter)
- CAD \$1 (loonie)
- CAD \$2 (toonie)

They look like this:



Note:

Canada hasn't produced 1-cent coin (pennies) since 2013. The Royal Canadian Mint ceased the distribution of them; however, the coin remains legal tender.

Note:

You'll rarely see a 50-cent coin, although these are minted for special occasions.

Note:

You can use an online [Currency Converter](#) tool to check up-to-date exchange rates.



PLASTIC MONEY

DEBIT CARDS

A debit card is a payment card that deducts money directly from your checking account. Also called “check cards” or “bank cards,” debit cards can be used to buy goods or services or to get cash from an ATM.

Banks usually give you a debit card when you sign up for an account.

Debit cards also have daily limits depending on your account and financial institution.

There may be different limits for:

- cash withdrawals
- in-store purchases
- online purchases

For more information about which limits will apply to you, check in with your financial institution.

CREDIT CARDS

A credit card is a line of credit that can be used to borrow money to make purchases, transfer balances and get cash advances, with the agreement that you'll pay back the money borrowed — plus any interest you owe on it — later.

CREDIT SCORE

A credit score is a three-digit number that comes from information in your credit report. It reflects how well you manage credit and how risky it would be for a lender to lend you money.

Your credit score is calculated using a formula based on your credit report.

Note that you:

- get points if you use your credit responsibly
- lose points if you have trouble managing your credit

Note:

A credit score is used by lenders to determine your eligibility for mortgages, credit cards, and other lines of credit, as well as the interest rate you'll receive. Building your credit score as a newcomer to Canada is essential.

Note:

It is a good idea to keep receipts for all your credit card purchases so you can make sure there are no mistakes in your credit card statement. If you find a mistake, contact the business that sold you the goods or services. If the business doesn't correct the transaction, contact your financial institution for assistance.

Note:

With “plastic money” you do not need to carry cash with you. In Western New Brunswick, most businesses accept debit and credit cards as a replacement for actual cash.

Note:

For more information on credit scores and credit reports [refer here](#).

AVAILABLE FINANCIAL INSTITUTIONS

In Western New Brunswick, there are various financial institutions available. When you come into the country, it is imperative to open a Canadian bank account. Many branches offer Newcomers bank accounts that will be free of charge for the first year.

BANKS & CREDIT UNIONS



Scotiabank.

CIBC



Note:

When choosing a bank, make sure there's a branch available in the community you are moving into. Click on the logo to find a branch in your area.

MONEY TRANSFERS

Western Union is one option for safe money transfers in and out of the country. There are several locations, as well as a mobile app, to ensure your funds are delivered safely.

Using this [link](#), you can find your nearest location, or select the logo, to download the Mobile app.



TAXES



PERSONAL INCOME TAX

In Canada, income taxes are the portion of annual income that individual residents of Canada pay the government. The revenue generated by the income tax is handled by the Canadian Revenue Agency (CRA), they use these funds to fund government services such as healthcare, public education, and the military. You must file an income tax return each year by April 30th.

SALES TAX

This is charged when you purchase items. This is called the Harmonized Sales Tax (HST) and is 15% in New Brunswick.

Note:

The Government of Canada's website offers all sorts of information regarding [income tax](#) and [sales tax](#).

For more information on benefits, credits, and taxes for newcomers, refer [here](#).

If you have questions about your taxes, credits, or benefits, you can [contact the CRA](#).

APPLYING FOR BENEFITS AND CREDITS

Canada has benefits and credits to help financially support you. You or your spouse or common-law partner must be a resident of Canada for income tax purposes.

To start getting payments, you must:

- Get a social insurance number (SIN) from Service Canada
- Apply for the benefit and credit you are eligible for

FILING INCOME TAX

There are two ways to file your taxes:

- Online
- By Paper

TAX SCAMS

Be cautious if somebody contacts you claiming they are they are from the CRA and requests personal information such as your SIN, credit card number, bank account number, or passport number. Scammers may contact you by phone, email, mail or instant messaging.

For more information on how to recognize a scam and reporting a scam, refer [here](#).

HOUSING

SHORT TERM ACCOMMODATIONS

After moving to Western New Brunswick, you might need to find temporary housing before settling into a permanent home. Throughout the region, there are several Hotels, Motels, and Bed & Breakfast available to suit your needs.

Tip:

Airbnb is a great resource to find short-term accommodations at low prices.



RENTING

There are several opportunities to rent in Western New Brunswick. However, rent prices depend on several factors. Some of those factors are:

- ✓ Size
- ✓ Location
- ✓ Included Utilities

Sometimes heat, water, electricity, and even Wi-Fi is included in rent prices. Usually, an apartment will only include a stove and a fridge; however, sometimes apartments will come fully furnished or will also include laundry amenities.

Tip:

Make sure to confirm what is included before signing your lease.

When it comes to renting, most landlords will do a background check on new residents. Once the background check is completed you will sign a document called a lease. A lease is a contract outlining the terms and conditions under which a tenant must operate when renting a space.

For more information on how leases work [refer here](#).

When signing a lease, you will need to submit a damage deposit. The damage deposit is to ensure that the tenant will follow through with their responsibilities during the rental period. If the tenant does not follow through with their responsibilities during the rent period, the landlord may keep the damage deposit.



+1 (888) 762-8600

(GNB Renting in New Brunswick)

For more information on renting in New Brunswick, such as resolving disputes between landlords and tenants or tenants' rights and obligations, refer [here](#).

Note:

The landlord must provide you with a written copy of the lease.

Click [here](#) to read over The Residential Tenancies Act.

FINDING APARTMENT RESOURCES

There are several websites and applications available to support your search for apartment listings. These websites and applications have several listings from across the region.



FACEBOOK MARKETPLACE



KIJJI.CA



CANADA HOMES FOR RENT

PRO-TIP:

Search your Community name and add “rentals” on Facebook to find available groups with up-to-date rental information near you.

HOME PURCHASE

The cost of purchasing a home in New Brunswick is less than many other provinces in Canada. Purchasing a house takes some time however, you may search on your own through several real estate websites.

[Realtor.ca](https://www.realtor.ca) is a great resource to look at all available houses for sale in The Capital Region. This website gives you access to search for a home by location, price, size, and neighborhood.

REAL ESTATE AGENTS

A real estate agent is a licensed professional who represents buyers or sellers in real estate transactions. Note that agents are not paid to show you houses for sale but are paid only once a house is sold. A real estate agent usually works on commission, being paid a percentage of the property's sale price.

To find more information about purchasing your home, you can use [this resource](#).

Note:

Facebook “Marketplace” and Facebook “Housing” also provides listings. Search ‘rent’ when in platform.

Note:

You can find property management companies or real estate agents by searching rental companies or real estate companies in your area.

Note:

You must also have a lawyer review the documents before signing into the purchase of a home. It is also important to have a home inspection done by a reputable company.

PROPERTY TAX

If you own a home, you will pay property tax based on the value of your home and land. Property tax is used by local governments to pay for services such as firefighting, police, recreation, infrastructure, and transportation.

For more information on property tax, you can access [The Provincial Government's website](#).

BUILDING PERMITS

Building Permits are required before developing a new building, an addition, or making significant alterations to an existing building to ensure that all work meets the National Building Code and all other municipal and provincial standards.

Examples of work requiring a permit include siding, garage, shed, deck, pool, plumbing, additions, finishing a basement, adding a room, new windows, new door openings, electrical upgrades, and interior renovations.

[Woodstock](#)

[Southern Victoria](#)

[All Other Western NB Communities](#)

Note:

If you need an overview on how to understand property assessments click [here](#).

Note:

Reach out to your local municipality for more information regarding building permits.

UTILITIES



Utilities are the basic services your home, apartment, or business needs to keep it comfortable and functioning properly. Common utilities include water, sewer, electric, gas, trash, and recycling. Technology subscriptions like cable TV, internet, security, and phone services can also be considered utilities.

HEATING AND ELECTRICITY

In Western New Brunswick, you will need to heat your home in Spring, Fall, and Winter. You will need to warm your house with electricity, natural gas, and oil, or some homes have a wood-burning stove or furnace.

Some rentals include utilities (Heat and Electricity) while others require tenants to pay for their utilities separately. If you are renting, you must contact service providers for heating and phone. If you are buying a house, you may be responsible for connecting all utilities. If you are looking into the Perth-Andover area, it has its own power company - the [Perth-Andover Light Commission](#).

NB Power provides electricity in Western NB. New customers will require a deposit.



NB POWER



+1 (800) 663-6272

Many companies sell home heating oil and will deliver directly to your home. You can find heating oil companies listed online.

Note:

Some utilities are included in your rental agreement, so check with your landlord first. If your rental agreement does not include utilities, you will have to pay for those utilities yourself, except for water. Paying for water is by law the landlord's responsibility.














WATER AND SEWAGE

When you buy a house, you're responsible for setting up water and sewage services with your city municipality. Depending on where you live, you'll pay a flat fee for water every month, a seasonal rate, a water budget-based rate, or another type of rate.

GARBAGE COLLECTION

Garbage collection in urban and suburban areas is usually managed by the local government or a contracted waste management company. To verify garbage collection schedules, you can always contact your landlord for more information or your local municipality. [Perth-Andover](#) has a separate waste management program operated by the town. You can find all the information on the [RSC website](#).

PHONE, INTERNET, AND CABLE

	Local Telephone Providers	Internet Providers	Cable
<u>Bell Aliant</u> 1-(888)-214-7896			
<u>Rogers</u> 1-(866)-210-4059			
<u>Xplore</u>			
<u>VMedia</u> 1 (855)-333-8269			
<u>Starlink</u>			

PHONE PLANS

In Canada, there are two different types of phone plans: Prepaid and Postpaid. Prepaid phone plans are bill-less options that are paid upfront, either in-store, online or set up with auto-payments. Postpaid plans come with a monthly bill. The main difference between the two is that prepaid phone plans are often cheaper and do not include additional perks, while postpaid plans are typically sold as bundles with a variety of perks and tend to offer better value for their monthly fees.

Note:

Most phones are compatible with Canadian phone providers; however, certain brands do not work well with the Canadian phone network. In that case, you might need to purchase a new phone which can be costly.

Note:

You must be 19 years old to get a postpaid plan.

Note:

To get a postpaid plan as a newcomer, you might need some of the following documents: a government identification, social insurance number, temporary residence visa/permit, credit score or credit check. It is recommended to check with your service provider of choice to better understand what documents may be required for your situation and phone plan.

Note:

There are many options for international calling, ensure you ask your phone company to add international calling or use other options such as WhatsApp or social media platform. The rates vary, but the cost of calling international is much higher.



BYLAWS

Bylaws are laws passed by municipal councils and regional district boards to exercise statutory authority. Bylaws may be used for various purposes, including establishing meeting procedures, regulating services, prohibiting an activity, or requiring certain actions. Some examples of things that bylaws cover are parking, noise, animal control, and smoking in public, amongst others.

SOCIAL SERVICES

The Government of New Brunswick looks after the social needs of its citizens through the [Department of Social Development](#). They deliver programs aimed at the protection and care of individuals and families, as well as providing resources that promote and ensure a safe, secure, and healthy life.

Some of the things they will be able to assist you with, are: long-term care and nursing home services, disability support services, housing and homelessness, income support, child welfare, and youth services.

211

211 is the public online version of the database information and referral specialists use for the 211 telephone/email service. This up-to-date, accessible, searchable database provides comprehensive access to information about social, community, health, and government services in New Brunswick.


Note:

For more information on bylaws in your area, refer to the following links:


- [Lakeland Ridges](#)
- [Woodstock](#)
- [Hartland](#)
- [Carleton North](#)
- [Southern Victoria](#)
- [Tobique Valley](#)
- [Western Valley Rural](#)

Note:

For general information, please call

 (506) 453-2001

For any after-hours social service emergencies, contact

 1-833-733-7835



NB MEDICARE

Medicare refers to Canada's publicly funded health care system. Instead of having a single national plan, Canada has 13 provincial and territorial healthcare insurance plans. Under Medicare, all residents of Canada have reasonable access to medically necessary hospital and physician services without paying out-of-pocket.

APPLICATION PROCESS

If you are new to New Brunswick, you may apply to obtain Medicare coverage. A completed Medicare Application must be submitted for consideration after moving to New Brunswick. There are two ways to complete your Medicare Application.

- You can apply through an online Medicare form.
- You can also apply by filling in a form and sending it by mail.

For more information regarding the documents needed to apply, please refer [here](#).

Note:

All members of a family must have their own Medicare card.

Note:

In the case of a minor child, the card is to be administered by the child's parent or guardian.

Note:

It may take up to 6 weeks to get approval for the Medicare Card. Your card will be sent home by mail. During this period, you can decide to pay for your medical expenses out-of-pocket or choose to purchase personal health insurance.

Note:

Check with your insurance offered through your employer or educational institution about what is covered before paying out of pocket.

WHAT IS COVERED UNDER MEDICARE?

- Your family doctors
- Specialists
- Necessary medical procedures
- Hospital stays
- Drugs administered in hospital

WHAT IS NOT COVERED UNDER MEDICARE?

- Prescription drugs
- Ambulance services
- Vision care and glasses
- Cosmetic procedures
- Dental care

FAMILY DOCTORS

A family doctor provides preventive care, including routine checkups, health-risk assessments, immunization, screening tests, and advice on maintaining a healthy lifestyle.

PATIENT CONNECT NB

Patient Connect NB is a patient registry that matches people who live in New Brunswick with a family doctor or nurse practitioner on a first-come, first-serve basis. Once you are referred to a doctor, you will be contacted directly by the doctor's office.

NB HEALTH LINK

NB Health Link is a new service that provides people living in the province with access to healthcare professionals while they wait for a permanent provider (a family doctor or nurse practitioner).

For more information on both programs, and to register for Patient Connect NB, refer [here](#)

TELE-CARE 811

Tele-Care is a provincial health information and advice line provided to the citizens of New Brunswick. By dialing 811 at any time, you will access bilingual intake navigators and registered nurses, who will help you with health information and services, as well as discuss symptoms and recommend if you need to see a doctor.

There is an [online symptom checker](#) which can help you decide if you need to see a doctor, verify how serious your symptoms are, and the steps necessary to relieve your symptoms at home.

Tele-Care 811 does not take the place of 911 for your local Emergency Department or urgent concerns.

Note:

To be referred to the NB Health Link program, New Brunswickers must register to the Patient Connect list first.

HEALTH CLINICS

After-hours and Walk-in Clinics provide care for New Brunswick patients with non-urgent medical problems who do not have a family physician or who cannot obtain an appointment with their physician within a reasonable time frame. After Hours/Walk-in Clinics serve patients on a first-come, first-served basis. They are conveniently located and often open during the day, evening, and on weekends.

To find a clinic near you, refer [here](#).

Note:

Your first point of contact should always be your primary healthcare provider

Note:

For more information on community health centres within Western New Brunswick, [refer here](#).

HOSPITALS

THERE ARE TWO HOSPITALS WITHIN WESTERN NEW BRUNSWICK:

Upper River Valley Hospital (Waterville)

11300 Route 130

Waterville, New Brunswick

E7P 0A4

506-375-5900

Hotel-Dieu of St. Joseph (Perth-Andover)

10 Woodland Hill

Perth-Andover, New Brunswick

E7H5H5

506-273-7100

HEALTH CLINICS AND HOSPITALS E-RESOURCE



The [Maple](#) app was created to make virtual healthcare accessible in New Brunswick. You can skip the walk-in clinic and resolve many healthcare concerns online in minutes.

Whether you need a diagnosis, medical advice, or an online prescription in New Brunswick, their doctors can help you out, 24/7. All their online doctors are accepting consultations for new patients in New Brunswick.

Patients currently without a primary healthcare provider can help you with your medical concerns and any routine investigations or referrals to specialists.

For patients currently with a primary healthcare provider who cannot access their provider promptly, they can help you with non-urgent medical concerns, including any appropriate investigations.

PHARMACY AND PRESCRIPTIONS

As stated before, Medicare does not cover prescription drug costs and patients will have to pay out of pocket unless they have private health insurance. However, the [New Brunswick Drug Plan](#) is offered through the provincial government to provide drug coverage for uninsured New Brunswick residents with an active Medicare card. Most pharmacies in Western New Brunswick will fill a doctor's prescription for you. Moreover, pharmacies have over-the-counter medication that you can get without a doctor's prescription.

DENTAL CARE

Dental exams and dental care are not covered by the provincial health care system. These services are paid out-of-pocket by the patient or by purchasing personal health care insurance.

A list of local dental care providers can be found through a Google search or the New Brunswick Dental Society.

EYE CARE

It is advised to undergo an eye exam once every year for children, and once every few years for adults. Please note, that vision care is not covered by Medicare, and you will need to opt for personal health insurance to cover eyewear and eye care costs.

To find an optometrist in your area you can use [The Canadian Association of Optometrists](#) search engine.

Note:

You can search on Google for your the nearest clinic for all other wellness needs, such as massage therapy, chiropractic care, physiotherapy, dermatology, and other healthcare needs.

Note:

Pharmacies can be found within most large grocery stores, or they can be stand-alone shops. You can look for pharmacies near you through your favourite search engine.



DISABILITIES



The Government of New Brunswick Canada offers several programs and resources for people living with disabilities, such as health services, housing and residential services, disability supports, and employment and labour market information.

For more information, refer [here](#).

VACCINATIONS

Publicly funded vaccines are available to citizens of Western New Brunswick based on eligibility. The focus of public health is on immunization for babies, preschoolers, and youth up to the age of 18.

For more information on routine immunization services, refer [here](#).





MENTAL HEALTH: DO NOT HESITATE TO REACH OUT IF YOU NEED HELP

Resource

Note:

For additional resources make sure to access this [link](#).

SOME RESOURCES AVAILABLE ARE:

Canadian Mental Health Association of New Brunswick (Provincial Office):

557 St Mary's St, Fredericton, NB E3A 8H4
(506) 455-5231
info@cmhanb.ca

Upper River Valley Community Mental Health Centre's:

Woodstock

200 King Street
Woodstock, NB E7M 5C6
(506) 325-4419

Perth Andover

35 F. Tribe Rd
Perth Andover, NB E7H 0A8
Phone: 506-273-4701

Addiction and Mental Health Helpline:

+1 (866) 355-5550

Bridge the Gapp

Online resource

Horizon's Addiction and Mental Health Services

Fredericton and Upper River Valley Areas: 506-453-2132

This same number can be used after hours to connect to Horizon's Mobile Crisis Unit for crisis intervention services.

CHIMO Helpline:

+1 (800) 667-5005
office@chimohelpline.ca

Moving to a new country can feel like a lot. Settling down and finding a sense of community in the first few months can take a toll on you. The Community Chapter offers information on how to start building connections within the region.

However, Western New Brunswick offers assistance for emergency mental health, they have several community mental health centres, crisis centres, and various support hotlines. The services offered in these centres and hotlines include addiction/detoxification, family and loved ones support, therapeutic services, psychiatric services, and prevention.

EMERGENCY SERVICES

Emergency services include the Police, Ambulance, Fire Department, and the RCMP. To contact these services nearest to your location, you call 911. This will direct you to the dispatcher for emergency services; you do not call individual places in the event of an emergency. For non-emergent situations, you can call the direct non-emergency line listed for the various stations.



CALL 911 only for true emergency situations that require immediate assistance.

→ AMBULANCE

If there is a life-threatening emergency such as a medical issue you can call 911. The operator will dispatch an ambulance with two paramedics. Ambulance calls result in a bill of \$130.60, so try to call ambulances only in the case of an emergency. Otherwise, call Telecare (811), or take a taxi/drive to the hospital.

→ FIRE DEPARTMENT

Members of the fire department are trained for an all-hazards emergency response. The main functions of the department are fire suppression, emergency medical response, hazardous materials response, fire prevention, and education.

The fire department will come to your home in case of fire. They also respond to accidents and will often go to the scene of an emergency even if there is not a fire. You can call the fire department to help you with smoke detectors.



Note:

For more information on the Fire Department near you, make sure to access [The New Brunswick Association of Fire Chiefs](#).

EMERGENCY SERVICES

The Town of Woodstock has its own Police Force which covers all policing services within Town limits. For all other communities within Western New Brunswick, policing services are handled through the Royal Canadian Mounted Police (RCMP).

POLICE

Police Officers maintain safety and enforce the law. They respond to emergency calls, patrol public areas, regulate traffic, control crowds, arrest offenders, and build community relationships.

RCMP

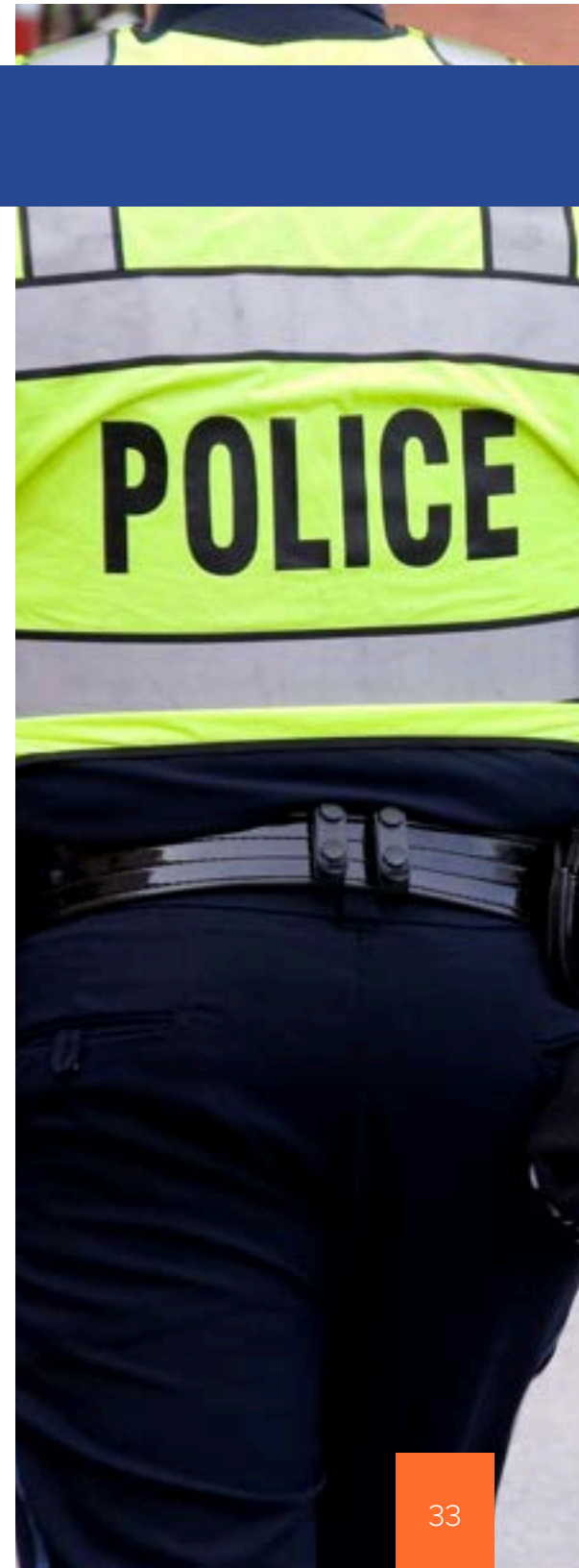
The New Brunswick divisional headquarters (J division) of the RCMP is located in Fredericton. Two detachments within Western New Brunswick offer services such as criminal record checks, reporting a crime, and non-emergency complaints, as well as responding to emergency calls: Woodstock and Perth-Andover.

Note:

If you are stopped by the police while in your car, they will ask for your registration, license, and proof of insurance.

Note:

If you are arrested, the police must identify themselves, state that you are under arrest, tell you the reason, and tell you that you have the right to speak to a lawyer. For more information on your rights, see the Public Legal Education and Information Service of New Brunswick website.



TRANSPORTATION

Knowing the different types of available transportation is a pivotal thing when you move to a new region or country.

If you are a Newcomer moving to a rural community in Western New Brunswick, keep in mind you will need a vehicle as a means of transportation as there is no public transit in these communities.

MARITIME BUS

The Maritime Bus is a Canadian Coach Operator that offers bus service to travel to different cities and towns within New Brunswick, Nova Scotia, and Prince Edward Island.

You can also send parcels through the Maritime region.



TAXI COMPANIES (WOODSTOCK ONLY)

<u>Independent Taxi</u>	(506)-324-4124
<u>Bill's Taxi</u>	(506)-323-8907
<u>Grab a Cab</u>	(506)-325-1894

DRIVER'S LICENSE

The most common way to travel between and within New Brunswick's communities is by car. You may use your International Driver's License or foreign license for up to six months, but then you will need a valid [New Brunswick Driver's License](#)

Moreover, the rules for obtaining a New Brunswick Driver's License may vary according to your country of origin. For more information, refer [here](#).

If you need to book a driving test, you may call Service New Brunswick or book [online](#) for your written and road test.



(888) 762-8600

DRIVER TRAINING

A driving school is an institution where people can go to learn how to drive a car. In most cases, driving schools offer both classroom and on-the-road instruction. These driving schools are best suited for people who are new to driving or wish to refresh their skills.

A driving school is an institution where people can go to learn how to drive a car. In most cases, driving schools offer both classroom and on-the-road instruction. These driving schools are best suited for people who are new to driving or wish to refresh their skills.

[Lynn's Drivers Education \(Woodstock\)](#)
506-323-1881

[Sewell's Drivers Ed \(Woodstock\)](#)
506-328-9597

[Precision Drivers Education \(Wicklow\)](#)
506-391-6703

Note:

International Students can apply for a New Brunswick driver's license. Please be aware that you will need [acceptable](#) proof of New Brunswick residency to apply.

Note:

To find a driving school near you, search for: "Driver's ed near me" on your web browser.

PURCHASING A VEHICLE

To purchase a vehicle in New Brunswick you might need to build your credit history in Canada for the sake of getting a loan.

For those who have recently moved to the country, there are some options to help you purchase a vehicle sooner.

Applying for a Newcomer Bank loan:

Some banks in the province provide newcomer loans for purchasing a car in Canada without credit history.

- [Car loans for Newcomers to Canada \(RBC\)](#)
- [Auto financing for newcomers to Canada \(TD Bank\)](#)
- [StartRight auto finance program \(Scotiabank\)](#)
- [Car loans \(National Bank\)](#)

Auto-dealerships with newcomer programs:

If you are in no rush to get a car, you can also apply for certain dealerships that offer low interest plans to newcomers, international students, or foreign workers that have been living in the province for more than 5 years or even just 1 year.

- [Nissan Newcomer Offer](#)
- [Ford Newcomer Program](#)

More Resources:

- [‘Buying a Car in Canada’](#)
- [‘Buying a car in Canada? Tips for Newcomers’.](#)

Note:

If you need a vehicle for a short-term trip you may need to rent it from one of the service providers near you. If you want a list of car rental agencies; use the following key words in your search engine: “Car rental near me”

Finding low-interest car dealers:

Some car-lenders do offer low-interest car loans in Canada without the need for a credit score prior. This depends on many factors, including one’s driving history, current occupation, and more. In addition, some auto-lenders can perform international credit checks in trying to assess whether you can pay back the auto-loan or not.

Purchasing a used car:

Purchasing a used car is a cost-effective option. Car dealerships will have used car options for purchase, or you can find car offers on websites such as Facebook Marketplace or Kijiji for further options.

Tip:

Before purchasing a used car, it is of utmost importance to determine the health of the car. Make sure to have a mechanic check its performance and check the car records with Service New Brunswick. Ensure the vehicle has an up-to-date provincial inspection. Keep in mind that upon registration of a vehicle with Service New Brunswick, taxes and registration fees will need to be paid; cost varies depending on the vehicle’s make, model, and age.



CAR INSURANCE

Insurance is an important aspect to take into account the moment you decide to purchase a car. **All drivers must have car insurance to legally operate a vehicle in Canada.** Auto insurance in Canada operates by providing financial protection in case of accidents or damages involving your vehicle. Car buyers must show proof of auto insurance on the day they purchase their vehicle.

You can find insurance companies by using your search engine of choice and looking for: “Auto insurance near me.”

VEHICLE INSPECTION

All vehicles registered in New Brunswick require a safety inspection every two years. The best way to do it is by taking the vehicle to a licensed mechanic or auto repair garage to pay for an inspection. The cost of inspecting a vehicle ranges from \$35 to \$45.

VEHICLE REGISTRATION

Your car must be registered each year. Vehicles can be registered at Service New Brunswick. There is a fee to register your vehicle.

For non-residents:

A passenger vehicle owned by a visitor may be operated for personal, non-business purposes for a period of six months in New Brunswick without being registered in the province. This six-month period is determined from the date on which the passenger motor vehicle was first operated in New Brunswick in any registration year. A person who becomes a resident of New Brunswick must register their vehicle with Service New Brunswick immediately.

Note:

Get several quotes for insurance before buying; several factors affect your rate, and different companies may meet your needs and be more affordable.

Note:

For more information on vehicle inspections, refer [here](#).

Note:

For more information on vehicle registration refer [here](#).

SAFETY

SEATBELTS & CAR SEATS

All passengers that occupy a position within a vehicle must wear a seatbelt. The number of passengers is limited to the number of operating seatbelts. Violations for not limiting the number of passengers to the number of operating seatbelts will result in a fine.

Children must be buckled into proper child safety seats which are fastened to the vehicle by a seat belt and any other straps specified by the manufacturer until they reach one of the following; age of nine, weight of 36 kg (79 lbs) or height of 145 cm (57 inches).



Note:

In Canada, vehicles drive on the right side of the road.

BICYCLE SAFETY

New Brunswick's Motor Vehicle Act says that cyclists have the same rights and duties as drivers of vehicles. Cyclists must know and obey the rules of the road. The [New Brunswick Bicycle Safety Handbook](#) is a guide to Learning Safe Cycling and provides information on traffic laws and riding strategies to help cyclists understand their rights, responsibilities, and how best to protect their own safety in traffic.

Note:

You must give a safe passing distance of at least 1 meter while passing any bicycle or emergency vehicle pulled over on the side of the road.

ALCOHOL AND DRUGS

The Criminal Code of Canada states that a person committed an offense when operating or in the care and control of a motor vehicle while impaired by alcohol or drugs. Penalties under the different sections can range from \$600 to \$2,000 or up to 5 years in jail or both, and suspension of driving privileges.



WINTER DRIVING

In New Brunswick, we do have all four seasons; this is especially important for driving and road conditions in the winter. It is advised to install winter tires and winter windshield wipers/washer fluid in the fall when the temperatures start to drop. Always keep an eye on the road conditions to ensure you are able to travel safely. You can check the road conditions by calling 511, or by checking on the [road conditions map](#). Ensure you drive at a safe distance from other vehicles and at a safe speed, as stopping times can be longer on wet, snowy, or icy roads. Ensure you have an emergency kit in your vehicle with snacks, water, blankets, a hat, mittens, and other emergency supplies (small shovel). Check the [Government of Canada](#) page for more tips.

CROSSWALKS

A crosswalk is located at every intersection whether marked or unmarked. This is the area on a road where pedestrians have the right to go from one side of the road to the other. Crosswalks also exist everywhere else where crosswalk lines are in place.

When facing a signal for a pedestrian you must enter the crosswalk only when the signal shows the white outline of a person.

You should not cross the street when there is an orange outline of a hand, either when it is blinking or steady.

The blinking outline of the hand will often appear with a countdown to let you know that the traffic pattern is about to change and it will no longer be safe to cross the street.

Note:

Winter tires can be studded for more traction on ice; if you choose to install studded tires, they are only permitted between October 15 and May 1st.

Note:

As a **driver**, you must let pedestrians cross the street at all crosswalks. As a driver, you cannot pass another vehicle when the vehicle is stopped at a crosswalk for a pedestrian. As a **pedestrian**, you are only legally allowed to cross the street at a crosswalk.

Note:

School buses count as crosswalks; you must stop for their stop sign until the bus driver removes the stop sign after the children have safely crossed the street and you can continue driving.

Note:

To learn all driving safety rules, please refer to the [New Brunswick Drivers Handbook](#).



SHOPPING IN WESTERN NEW BRUNSWICK

Western New Brunswick offers many shopping options, from small, local shops to large chain retailers, to meet all your shopping needs. You can see all available business for each entity by clicking on the link. There are Major Shopping centers located in Fredericton, Grand Falls, and Edmundston, a short drive from these locations.

- [Woodstock](#)
- [Hartland](#)
- [Southern Victoria](#)
- [Carleton North](#)
- [Tobique Valley](#)



Note:

Lakeland Ridges residents generally shop in Woodstock, which is only around 25 minutes away, depending on location.



MARKETS

Western New Brunswick is home to a number of markets and farm stands where you can purchase fresh produce, quality meats, and unique hand-made products, thereby supporting local farms and artisans. For more information, refer [here](#).

GROCERY SHOPPING

The biggest grocery-specific chains in the area are:

Woodstock-Sobeys & Atlantic Superstore

Hartland- Freshmart & Valufoods

Florenceville-Carleton Co-op

Centerville-Valufoods

Perth-Andover -Independent Grocer

Plaster Rock- Independent Grocer

There are also smaller convenience grocery stores that can be found in the smaller communities within Western New Brunswick.

Note:

To purchase from the Co-op, you will need a membership.

CULTURAL FOOD MARKETS

If you want to still enjoy some cultural dishes from your country of origin, Fredericton provides various grocery stores and convenience stores that sell cultural ingredients, to satisfy your craving for local dishes from your home country.



[Freddy Mart Convenience Store](#)

Convenience store and restaurant with homemade Pakistani and Persian food.



[Spice Market](#)

Convenience store that carries Indian and East Asian goods.

Note:

Victory Market also carries cultural food, specifically Arabic and Middle Eastern groceries.



[Friendship Convenience Store](#)

Convenience store that carries Asian groceries.



[BITAR Market](#)

Convenience store that carries Syrian/Mid-Eastern groceries



[Scoop & Save](#)

You can find multiple cultural food items including Vietnamese, Thai, Indonesian, Korean, Japanese, African, Ukrainian food supplies and more.



[Green Valley Market](#)

It is a market that carries multiple ethnic groceries.



[Narula's](#)

Convenience store that carries Indian groceries.



934 PROSPECT STREET



[Divine African Market](#)

Convenience store that carries African Groceries.



[One Nation Market](#)

Multicultural grocery store with food products from around the world.



[Asian Food Market](#)

Grocery store specializing in Asian foods.



88 MAIN STREET



CHAPTER 03

PURSUE YOUR EDUCATION

PURSUE YOUR EDUCATION

FEATURED IN THIS CHAPTER:

Childcare

Preschool (Early Childhood Development)

Education for Children and Teenagers

Post-Secondary Institutions

Language Training

Continued Learning and Professional Development

CHAPTER 03



INTRODUCTION



Western New Brunswick has always been proud of its excellent education and accessible research facilities. The region offers all sorts of programs ranging from preschool to post-secondary education. Moreover, since New Brunswick is a bilingual province, it offers several Francophone school immersion programs for all ages to learn the official second language.

In Western New Brunswick, we have the New Brunswick Bible Institute, located in Victoria Corner, and the New Brunswick Community College, located in Woodstock.



CHILDCARE

Daycare is where parents drop their children off during the day for adult supervision, care, and learning. Daycares specialize in daytime care of preschool-aged children, and many offer before and after-school care for older children. There are also programs available if your school-aged children need care since children under the age of 12 cannot be left alone. Daycares charge a fee for their services.

Link to the [Parent Portal](#) to register for licensed daycare centers and/or schools in the Anglophone West School District. You can also search the business directory for the municipality:

Woodstock

Hartland

Southern Victoria

Carleton North

Tobique

Childcare Options in New Brunswick include:

- **licensed childcare centres;**
- **home-based childcare centres;**
- **preschools;**
- **drop-in day care centres; and**
- **individuals offering babysitting or nanny services**

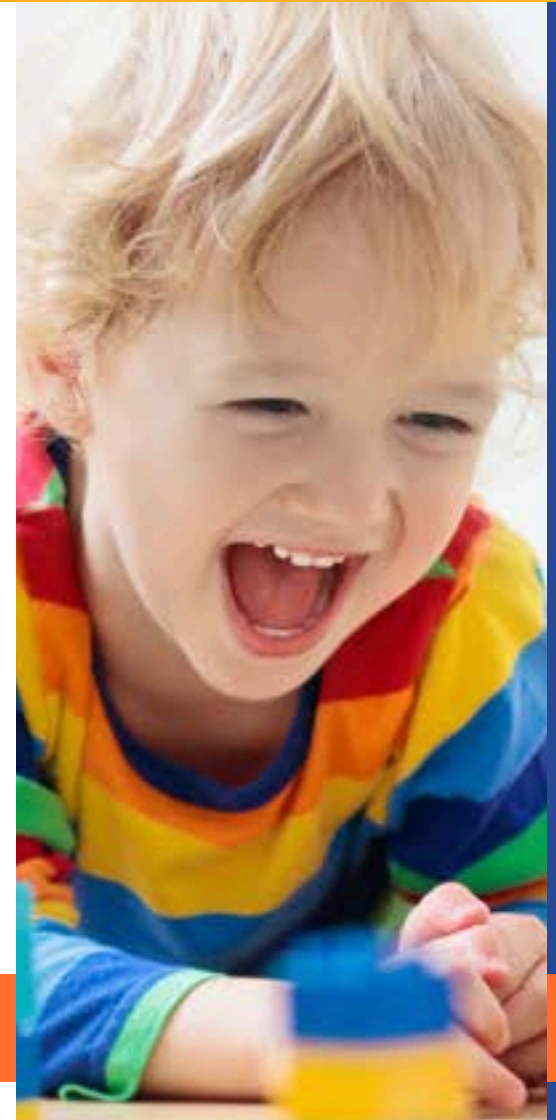
There are subsidies available to help with the cost of childcare, depending on income level. You can apply for these subsidies through the Daycare Assistance Program and through the Parent Portal Link.

Tip:

If you need Daycare for your child, make sure to reach out to daycare as soon as possible. Most daycares have a waiting list in place, and most parents place their children on the waiting list while still pregnant.

Tip:

In New Brunswick, children under the age of 12 are not to be left unsupervised; minors are protected, and it is the law.



AFTER-SCHOOL PROGRAMS

If your children are over the age of 5 but under the age of 12, and you need support with their care, due to work or study engagement, you can enroll your child in an after-school program.

In New Brunswick, children under the age of 12 are legally required to have a guardian present and may not stay home alone. Daycare will only take care of your children under age 5, but if your children are between the ages of 5 to 12, the after-school programs will pick up your children and take care of them until your work or study engagement is finalized in the evening.

After-school programs can be licensed or unlicensed.

For a list of approved childcare programs by district, refer [here](#).

Note:

The English school district for Western New Brunswick is Anglophone School District West (ASD-W)

PRESCHOOL (EARLY CHILDHOOD DEVELOPMENT)

Early Childhood Development welcomes children from their birth to 8 years old. Early childhood development looks forward to an educational approach that ensures children learn important skills that will be useful later in life. As opposed to daycare which is a place meant to take care of children during the day, preschools aim to focus on early learning and academics. Moreover, preschool usually precedes kindergarten.



EDUCATION FOR CHILDREN AND TEENAGERS

Children in Western New Brunswick are required to attend public, private, or be homeschooled from the age of 5 to 18, or the age when they graduate.

Keep in mind that schools will be assigned depending on the area you are currently residing in, as they go by districts and sub-districts.

Elementary School (Kindergarten to Grade 5)

Children start elementary school at the approximate age of 5. From preschool to elementary school, there are after-school programs available.

Middle School (Grade 6 to 8)

Children start middle school in grade 6 at the approximate age of 11.

High School (Grade 9 to 12)

Teenagers start high school from grade 9 at the approximate age of 14 and finish it at grade 12 at the approximate age of 17. In high school, teenagers will be able to choose some of their subjects based on their interests and enroll in different programs like Advance Placement (AP) classes, International Baccalaureate, and industrial arts.



REGISTERING YOUR CHILD FOR SCHOOL

Registering children for school the year they turn 5 is mandatory. If your child's 5th birthday is after September 1st you may choose to have them begin the following year.

To register your child as a newcomer to Canada or an International Student, you will first have to contact the [Newcomer Support Centre](#). Contact Information:

(506) 444-3573 | iwcfredericton@nbed.nb.ca

SCHOOL DISTRICTS: **Anglophone West District:**

[\(506\) 453-5454](#)

[School List](#)

DOCUMENTS NEEDED:

- Legal document with date of birth
- Proof of Address
- Proof of immunizations against certain diseases.

If immunizations are needed make sure to contact [public health](#).

SCHOOL TRANSPORTATION

The public school districts offer bus services for students that do not live within a safe walking distance of their school. For more information:

- School bus service for [ASD-W](#)

FRENCH IMMERSION

Anglophone schools also provide French Immersion programs, where children will be taught classes in French. This program is provided for students who want to improve their proficiency in their second official language.

For more information visit this [link](#).

HOME SCHOOLING

If you wish to homeschool your child, these are the [guidelines](#) from the Government of New Brunswick. Contact your district for further information.



POST-SECONDARY INSTITUTIONS

Western New Brunswick offers various options for college students who wish to pursue post-secondary studies, with local campuses in Woodstock and several universities and colleges nearby in Fredericton, as well as two online schools. Keep in mind that post-secondary education is not free. Within the province of New Brunswick, there are several other campuses as well, all within a three-hour drive.

LOCAL:

NEW BRUNSWICK COMMUNITY COLLEGE WOODSTOCK

The Woodstock campus of the New Brunswick Community College (NBCC) offers options for full and part-time studies. The programs offered are Accounting and Payroll Administrative, Administrative Professional, Business Administration, Carpentry, Early Childhood Education, Electrical, Human Service Practitioner, Personal Support Worker, Plumbing, and Practical Nurse. Truck and Transport Service Technician, welding and metal fabrication, and Information Technology. Its state-of-the-art building is located on the Meduxnekeag River in downtown Woodstock.

NEW BRUNSWICK BIBLE INSTITUTE

The New Brunswick Bible Institute (NBBI) was founded in 1944 and offers a well-rounded understanding through practical knowledge of the bible and aims to help shape and guide the future of Christian ministry. "Solid in discipline. Spiritual in outlook. Missionary in outreach. Simple in faith and practice."

EDMUNDSTON & GRAND FALLS:

UNIVERSITY OF MONCTON - EDMUNDSTON CAMPUS

The University of Moncton - Edmundston Campus delivers nearly 200 Programs for part-time, Baccalaureate, and Graduate students. This university offers a student-centered approach, offering its students an education taught in the French language in the areas of Business, Science, Nursing, Forestry, and Arts focused courses.

LAFRANCE SCHOOL OF HAIR DESIGN- GRAND FALLS

This beauty institution offers a theoretical and practical program and aims to help its students develop and shape their skills, build a career, and make the world a more beautiful place.

ONLINE UNIVERSITIES:

YORKVILLE UNIVERSITY

UNIVERSITY OF FREDERICTON



FREDERICTON POST-SECONDARY INSTITUTIONS

The Capital Region offers various options for students that wish to pursue post-secondary studies (universities, colleges, and private universities), with campuses located in Fredericton. Keep in mind that post-secondary education is not free.

UNIVERSITY OF NEW BRUNSWICK

The University of New Brunswick (UNB) is a public university, with two primary campuses, one located in Fredericton and the other one at St. John. It is the oldest English-language university in Canada and one of the oldest universities in North America. UNB offers over 75 degrees in fourteen faculties at undergraduate and graduate levels.

ST. THOMAS UNIVERSITY

St. Thomas University (STU) is a liberal arts university located in the city of Fredericton. It is primarily an undergraduate university that offers bachelor's degrees in the arts (humanities and social sciences), education, and social work. St. Thomas University offers distinguished programs in Criminology, Journalism, Human Rights, and Communication and Public Policy.

NEW BRUNSWICK COMMUNITY COLLEGE

The Fredericton campus of the New Brunswick Community College (NBCC) includes programs in Administrative Professional, Business Administration, Civil Engineering Technology, Health, Information Technology, and Social Sciences. Its state-of-the-art building is located on the grounds of the University of New Brunswick (UNB), with NBCC students having access to many of UNB and STU's services, such as the cafeteria, fitness centre, and in some instances, on-campus housing.

NEW BRUNSWICK COLLEGE OF CRAFT & DESIGN

The New Brunswick College of Craft & Design (NBCCD) is a public art college in Fredericton. The college campus is located downtown, near the Saint John River. It offers several fine arts and design diploma programs. NBCCD aims to prepare students for success in the workplace by having adaptable design-making and entrepreneurial skills at their disposal.



LANGUAGE TRAINING

Several organizations across the region offer language services for newcomers who want to improve their English or want to learn the official second language of the province. Most language training services are in the City of Fredericton, while some others are located near your regional area.

- The [Multicultural Association of Carleton County](#) offers language training services for English language tutoring.
- The [New Brunswick Multicultural Council](#) offers programs for intensive English training for newcomers aged 16-20.
- The [Public Libraries of New Brunswick](#) have access to the Rosetta Stone language course for free. This course also helps in learning other languages, too, not only French. After you get your membership number, you can access their online library, including the Rosetta Stone course.



PAID LANGUAGE PROGRAMS

Western New Brunswick also offers some paid programs apart from the free programs that are government funded.

- The [Atlantic Canada Language Program](#) offers online classes for English training. Furthermore, through their lessons, they aim to teach mediation skills such as digital literacy and communication in different environments.
- The [University of New Brunswick](#) offers an English and French Language Programme, it offers both, an in-person and online component. You can also take these programs from anywhere in the world. Moreover, there are [one-on-one courses](#) available as well.
- The [New Brunswick Community College](#) offers an English Summer Program to enhance the mastery of the language before signing up for a post-secondary institution. In case you have work and cannot attend morning classes, they also offer an evening program.
- [Université de Moncton](#) offers a fully online paid French Language Program for the fall and the winter, as well as a [discussion class](#) to immerse in the language.

As an additional resource, if you want to find language services near your regional entity make sure to use [this](#) search engine as a guide.





CONTINUED LEARNING AND PROFESSIONAL DEVELOPMENT

As a Newcomer, you can continue your education no matter your age or background. The province of New Brunswick and Western New Brunswick have different available programs to finish your high school degree (GED) and get other certifications through different organizations. Adults from 18 years old onwards are eligible for these programs.

Tip:

If you are interested in finding other continued learning programs that may fit you better, use your search engine to search for programs by the keywords:

- [‘Continued learning New Brunswick’](#)
- [‘Adult learning programs New Brunswick’](#)

YOU CAN REFER TO THESE RESOURCES IF YOU ARE INTERESTED IN CONTINUING YOUR EDUCATION:

UNB COLLEGE OF EXTENDED LEARNING

The UNB College of extended learning provides courses designed for all ages and backgrounds, meant to lead to personal, professional, and organizational growth. They also provide online courses for accessibility purposes.

CENTRE FOR DISTANCE EDUCATION

Centre for Distance Education is a Canadian online education center that offers certificates through online learning to take out the cost and the hassle of commuting.

NEW BRUNSWICK COMMUNITY COLLEGE

NBCC offers a variety of in-person/hybrid courses to help advance education, including GED programs.

UFRED

The University of Fredericton is an online university that offers online certificates, diplomas, and degree programs for working professionals that wish to advance in their careers and upgrade their education without disrupting their work and personal life.

ADULT LEARNING AND ESSENTIAL SKILLS

The Government of New Brunswick offers various programs that adults can access to gain essential skills, such as literacy and high school equivalency certificates, as well as employment specific essential skills.

NEW BRUNSWICK COMMUNITY ADULT LEARNING CENTER

Academic Programs are designed to improve literacy levels in the province by bringing literacy training opportunities to adults in their own community. Contact [Western Valley Adult Learning Association Inc.](#) for more information on programs in Western New Brunswick.

LITERACY COALITION OF NEW BRUNSWICK

This Literacy Coalition of New Brunswick provides information about advanced literacy, lifelong learning, and essential skills for all citizens through the government of New Brunswick.

READ NB

Read NB is an adult literacy improvement partner that teaches adults to read and write.

WORKING NB

Working NB has several offices across the province and is there to help any New Brunswicker looking for career or training opportunities.



CHAPTER 04

JOIN THE WORKFORCE

JOIN THE WORKFORCE

FEATURED IN THIS CHAPTER:

Social Insurance Number

Job Search

Credential Recognition

Entrepreneurial Resources

CHAPTER 04





INTRODUCTION

Finding a job in Western New Brunswick is a task that involves several factors. Some of those factors include adapting to a new office culture, breaking into hidden job markets, the transfer of competencies, and developing new skill sets. The more information you get on these factors, the easier it will be to find a job within the region.

Organizations and programs are spread all around the region that look forward to helping people new to the city, and more importantly, people who are new to the country. These organizations and programs aim to assist Newcomers' breakthroughs in those job markets by providing them with the necessary tools and taking advantage of every opportunity that may be presented to them.

If many things sound unfamiliar to you, it might be worthwhile to reach out to these organizations to receive some assistance with the job-searching process.

SOCIAL INSURANCE NUMBER

The Social Insurance Number (SIN) is a nine-digit number necessary to work in Canada. To access government programs and services you will need a Social Insurance Number.

You can apply for a SIN in the following ways:

- [Online](#)
- By Mail
- In Person

If you wish to apply in person at a Service Canada Center:

- Woodstock- 680 Main St, Woodstock, NB E7M 5C1
- Grand Falls- 441 Chem. Madawaska Suite 100, Grand Falls, NB E3Y 1A3
- Fredericton (Passport Services) - 1133 Regent Street, Suite 200, Fredericton, New Brunswick, E3B3Z2

Tip:

For more information on the online and mail process you can click [this link](#).

Note:

For information on the documents that you will need to apply for a Social Insurance Number, you can access the [Government of Canada](#) website.



Service
Canada 

JOB SEARCH

Western New Brunswick offers a wide job market for varied job sectors such as Transportation, Healthcare, Agriculture, Hospitality, Retail, Skilled Trades, Education, Manufacturing, Forestry, IT, Engineering, and many more sectors. There are several organizations that provide aid regarding employment search, as well as other services that will prepare Newcomers, such as skilled workers and international students, for the Canadian workforce.



Working NB is an employment development office. They focus on supporting any New Brunswick employer with recruitment, retention, and training but also provide workforce support. Newcomers looking for career or training opportunities can connect with a Working NB counselor or investigate the different resources they offer; like information on virtual job fairs, a detailed job bank that includes further tips, and different opportunities for student internships during the summer.



GNB Mosaik is an intentionally co-created newcomer hiring program for anyone who was not born in New Brunswick, is eligible to work in Canada and is seeking meaningful employment opportunities within GNB. They do this through matching diverse talent to meaningful jobs within the provincial government, working to reduce language barriers, and taking a holistic approach so that newcomer hires are integrating into their community as well as their job.

Note:

There is a Facebook Group called Career Information Center Woodstock, NB. They have a job list, and they offer services that are great resources for job seekers.



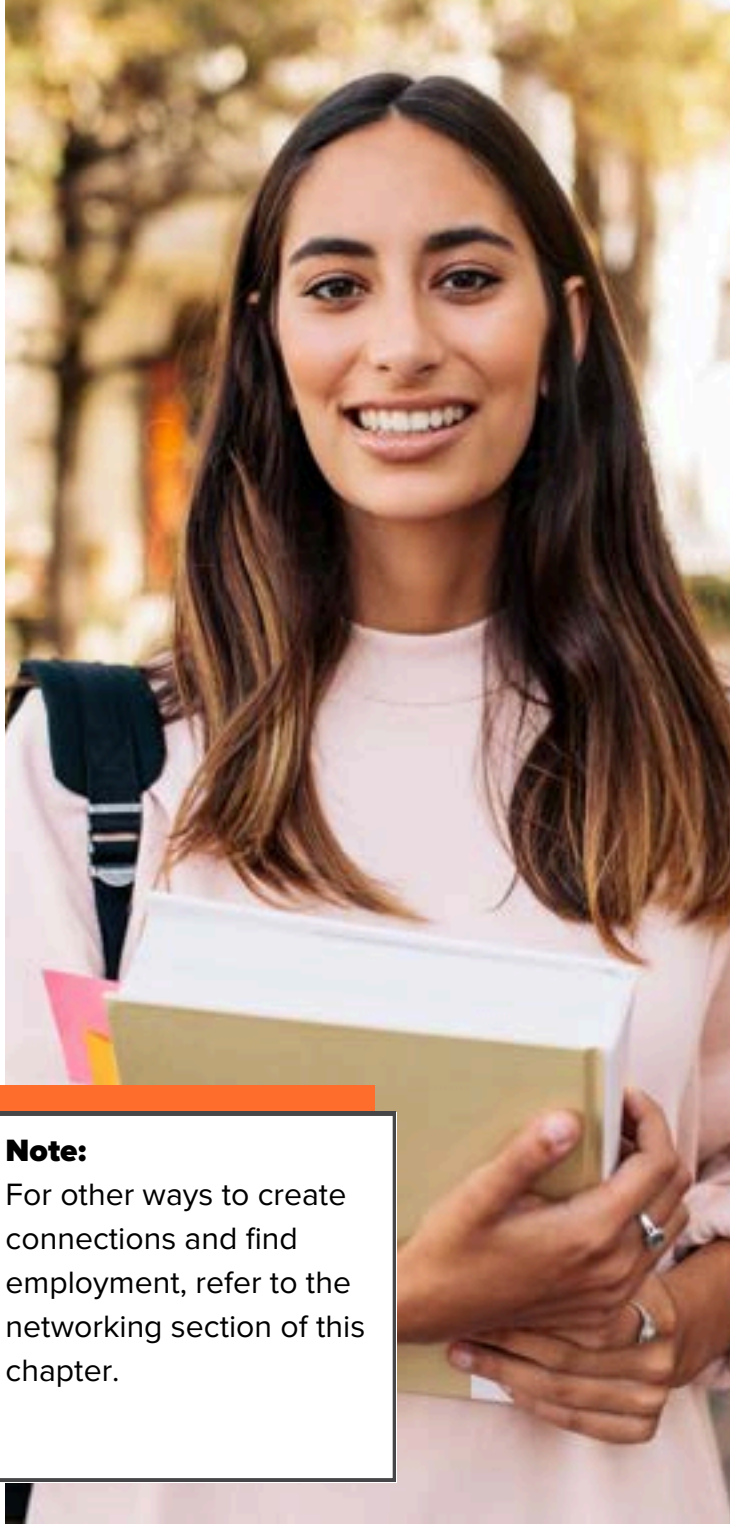
Ignite is the economic development agency in charge of the Capital and Western New Brunswick Regions. They lead integrated economic development growth through diverse initiatives that create an environment for the Western NB communities and businesses to be successful. Additionally, they foster a climate for growth through the support of job creation, entrepreneur development, workforce attraction, and community support. Ignite also has a job list that is updated every two weeks.

Tip: It's advised to keep tabs on Ignite's social media as they host events and programs that can help newcomers learn new skills and build their network in Canada, as well as sign up for their newsletter.



The Multicultural Association of Carleton County (MACC) supports newcomers in many ways. In terms of employment, MACC provides services to prepare and support Newcomers to succeed in the Canadian work environment, such as employment coaching, networking opportunities, and training and tools.





JOB SEARCH | FOR STUDENTS

CAREER DEVELOPMENT OFFICES

Most universities in New Brunswick provide career development services. These offices offer services that will help students navigate the career development process as they start, progress through, and complete their degrees.

The services and resources they provide include resume preparation, job search strategies, preparing for graduate school, career fairs, employer info sessions, and on-campus employment programs.

Many employers use, [Indeed](#), [LinkedIn](#) & [Monster](#).

Note:

For other ways to create connections and find employment, refer to the networking section of this chapter.

CREDENTIAL RECOGNITION

There are a variety of regulated occupations in New Brunswick. If you would like to work in a regulated occupation, you are required to be certified or licensed by the regulatory authority for that occupation. A regulatory authority is an organization, usually provincial, responsible for ensuring members of the occupation follow the rules outlined by legislation. This includes making sure that workers meet all requirements and follow occupational standards. One of the first steps in becoming certified or licensed in New Brunswick is to obtain an equivalency for the foreign qualifications you have earned outside of Canada. Your academic credentials and work experience will be evaluated to determine how your credentials and experience compare to Canadian-trained professionals.

For a list of regulated occupations in New Brunswick, refer [here](#).

If you are a tradesperson looking to have your credentials certified in New Brunswick, refer [here](#).

ATLANTIC IMMIGRANT CAREER LOAN FUND

The Atlantic Immigrant Career Loan Fund (AICLF) is a community-based partnership to assist internationally trained immigrants by providing micro-loans to overcome financial barriers to:

- Becoming licensed to practice
- Entering the workforce in their occupations or related fields.

Who is eligible for this fund?

- Permanent Residents or immigrant Canadian citizens
- Be a resident of NS, NB, NL, or PEI
- Be an internationally trained immigrant
- Have the required English/French skills
- Be a registered client with a designated immigrant services agency
- Have no un-discharged bankruptcy
- Agree to repay the loan with interest

FACILITATING ACCESS TO SKILLS TALENT (FAST NB)

Newcomers often bring valuable skills but can face barriers such as competency recognition or lack of Canadian work experience. FAST NB can help by offering participants the opportunity to have current competencies assessed and endorsed, as well as offering options and resources for upskilling/training to fill any gaps. Offered through NBCC, everything is completed online and at your own pace, with no cost to participate.

NURSES

New Brunswick's IEN Navigation service is designed specifically for internationally trained nurses (IENs). This service works with each candidate to help them navigate the challenges they might face during the licensure process.

This service offers guidance in the following:

- The National Nursing Assessment Service (NNAS);
- Provincial entry-to-practice competency assessments;
- Bridging programs available in the province; and
- Provincial regulatory bodies.

In June 2023, the provincial government announced a new five-year initiative to help reduce financial barriers for internationally educated nurses entering the healthcare system in New Brunswick.

To be eligible, candidates must:

- be accepted for immigration to New Brunswick;
- have received a provincial nomination certificate or endorsement;
- have accepted an offer of employment (or are currently working in the province);
- be a regulated, licensed nurse in their country; and
- pursue the licensure/registration process in New Brunswick.

Note:

Internationally educated nurses can connect with the IEN Navigation Service by completing this [short form](#).

OTHER HEALTHCARE PROFESSIONS

For healthcare professionals (other than nurses), each profession has a specific set of requirements that must be met. New Brunswick's IEHP Navigation service provides customized, profession-specific, and client-centered service to IEHPs at no cost to the candidate.

The service assists candidates with key barriers they might experience during the process to licensure, offering guidance surrounding:

- Provincial entry-to-practice requirements;
- Support programs where available; and
- Provincial regulatory bodies and national credential assessment processes and programs.

Note: Internationally educated health professionals can connect with the IEHP Navigation Service by completing this short form.



For more information on foreign qualification recognition and regulated occupations in New Brunswick you can visit the Government of New Brunswick's [webpage](#).

NETWORKING OPPORTUNITIES

When looking for a job, networking is one of the best tools at your disposal. Networking allows you to increase your visibility toward employers and it exposes you to people that might recommend you to employers. It helps you get established people in your field who can offer advice or help you find a job. In Western NB, there are plenty of Networking Opportunities offered through a variety of different programs. Some of the most known are the following:



The Ignite Connector Program matches internationally educated professionals and recent graduates (Connectees) with successful local professionals (Connectors). They are matched based on industry experience, professional backgrounds, or the Connectee's interest in a specific sector. Connectors are asked to refer the Connectee to three people in their network. This program is a great place to start your professional development.



The Study and Succeed in NB program offers international students the resources, support, and connections needed to launch a successful career and fulfilling life in the province. This program aims to increase the availability of skilled labour by retaining more international students after graduation.



Chambers of Commerce are responsible for improving the local business environment and strengthening communities through advocacy, networking, and campaigning. In addition, they create an easy line of communication for business owners to connect with governing bodies.

Moreover, Chambers of Commerce organize several events throughout the year with the sole purpose of business owners being able to network with each other.

To find out more about the events that each Chamber organizes, make sure to check their websites or contact them directly:

- [Greater Woodstock Chamber of Commerce Includes Lakeland Ridges](#)
- [Florenceville- Bristol Chamber of Commerce Includes Hartland and Southern Victoria](#)
- [Centreville Chamber of Commerce](#)

The [New Brunswick Business Immigrants Association](#) (NBBIA) is a provincial organization working to support immigrant entrepreneurs and business owners to find success in business in New Brunswick. For networking opportunities such as Coffee Chat, be sure to follow their social media channels.



ENTREPRENEURIAL RESOURCES

If you are looking forward to starting your own business, Western New Brunswick offers several services, spaces to work on your business, and loan opportunities to start your business-owning journey. Furthermore, if you need an assessment or information regarding the current market in the region, you should contact the economic development agency in your area. They can provide free services according to your needs.



PLANET HATCH

Planet Hatch is a wonderful place to start the journey from newcomer to business owner. Their main goal is to support start-up entrepreneurs through an integrated program service delivery as well as offering very engaging physical infrastructure. Moreover, they want to support entrepreneurs so they can develop into well-positioned, internationally competitive companies that will contribute to the region's economic growth. They look forward to helping their clients through programs, funding, mentorship, coaching, facilities and events.



The Start-Up Visa Program is for talented immigrant entrepreneurs hoping to launch their businesses in Canada while gaining permanent residency for up to five co-founders and their families. This program offered through Planet Hatch gets you to Fredericton so that you can start working diligently on your business faster than any other entrepreneur visa program, with three months of intense business acceleration as well as an expedited visa application process.



The Succession Matching Program partners alongside the New Brunswick Provincial Nominee Program's Entrepreneur Stream, to connect any aspiring newcomer buyers to any business-owners that are looking forward to selling their business. This is a great service that you can take advantage of if you do not want to start a business from scratch.



The Business Immigrant Essentials (BIE) program looks forward to contributing to the social and economic development within the region by integrating immigrants into the local business community. Newcomers, immigrant entrepreneurs, and international students are more than welcome to join this program if they want to start growing their businesses in the region. The main purpose of this program is for newcomers to gather an understanding of Canadian business culture and for their network to grow.



The Seed Grant Fund provides a non-repayable grant of up to \$25,000 to New Brunswick registered businesses demonstrating high-growth potential. This grant offers enough capital for prototyping, product, client validation, and market entry activities.



Opportunities New Brunswick offers business navigators. Business navigators can help you by providing an overview of how to start certain types of businesses such as restaurants and garages. They help you identify what regulations you need to follow, and they help by identifying what licenses and permits are needed to operate your business. For more information, you can reach out to a business navigator [here](#).



The Business Strategy Internship (BSI) provides \$10,000 or \$15,000 to students who develop projects that help an organization thrive through innovation. This program allows a student to undertake a four-month internship project with a partner organization in Canada. Interns will work alongside an academic supervisor to co-design a project with a partner organization. The main purpose is to help the partner organization improve its processes, products, or services. Moreover, to ensure the success of the intern, Mitacs offers online professional development courses through their e-campus, EDGE.



Propel is an Atlantic Canadian organization that offers an online accelerator to Technology Startups. Using a Founders First approach, Propel offers two e-accelerator courses (Vision & Validation; Traction & Growth), as well as weekly individual meetings and group meetups, fireside chats, lunch and learns, and Founder Real Talk.



CBDC is a non-profit that assists in the creation of small businesses and Startups, and in the expansion and modernization of existing businesses by providing services to entrepreneurs such as financial assistance, business counselling, entrepreneurship development and training, and technical assistance.



Futurpreneur is a national, non-profit organization that provides financing, mentoring and support tools to aspiring business owners aged 18-39. Their internationally recognized mentoring program hand-matches young entrepreneurs with a business expert from a network of more than 2,600 volunteer mentors.



Business Development Bank of Canada (BDC) supports small and medium-sized businesses in all industries and at every stage of growth with money and advice. They offer flexible financing, advisory services, and access to specialized financing and investment solutions.



Serving as their first point of contact, Women in Business NB (WBNB) guides and supports the success of female entrepreneurs across New Brunswick. WBNB offers online networking opportunities with other female entrepreneurs through their Coffee Break series, Consultant Advisory Services that helps female entrepreneurs access technical and financial assistance, and Women in Leadership - From Talk to Action to address key systemic barriers to women's advancement and to build community-based approaches in support of women's equality, accelerate systemic change in New Brunswick and to strengthen representation and participation of women on corporate boards and in other decision-making roles such as in politics.

A group of diverse young people, including men and women of various ethnicities, are smiling and holding hands in a circle against a clear blue sky. The image is oriented vertically, with the people's heads at the top and their hands reaching down towards the center. The overall mood is positive and collaborative.

CHAPTER 05

BELONG TO THE COMMUNITY

BELONG TO THE COMMUNITY

FEATURED IN THIS CHAPTER:

Shopping in the Western New Brunswick

Religious Entities in Western New Brunswick

Recreational Activities

Media

Tourism & Suggestions

National and Public Holidays in Western New Brunswick

Volunteering in the Western New Brunswick

CHAPTER 05



INTRODUCTION

Western New Brunswick offers several ways to be exposed to different cultures, mindsets, and recreational opportunities to meet new people and build a home. Through the different recreational activities spread throughout the region, you get to meet new people, develop skills, and experience the culture through a different lens.

All over the region, there are several museums, art galleries, cultural organizations, and religious organizations that are looking forward to receiving you. Throughout the year, and according to the season, there are several free events for you and your family to be part of.

This section gives out information on culture, heritage, and recreational opportunities that happen across your future home.



TOURISM

Western New Brunswick is a destination that's built for discovery. The more you look, the more you find. Explore our built heritage, music festivals, stunning art galleries, taprooms and breweries, waterfalls, trail networks, and unique artisan markets. To discover all that awaits you within Western New Brunswick, visit the [Western NB Tourism Facebook](#) or [website](#).

- [Lakeland Ridges](#)
- [Woodstock](#)
- [Hartland](#)
- [Southern Victoria](#)
- [Carleton North](#)
- [Tobique Valley](#)



RECREATIONAL ACTIVITIES

Recreational activities are signs of a vibrant and healthy community. Recreation can increase people's participation in the community, and it promotes fitness as well as a healthy lifestyle for everyone. These activities also promote opportunities to produce new skills and develop networking skills that are useful to build meaningful relationships.

Spread across the region, all kinds of recreation centers provide services that are offered in a variety of programs for youth, adults, and seniors. There are plenty of indoor and outdoor activities ranging from golf courses to aquatic facilities and play parks. Click on your regional entity to find more information on the activities near you.

- [LAKELAND RIDGES](#)
- [WOODSTOCK](#)
- [HARTLAND](#)
- [SOUTHERN VICTORIA](#)
- [CARLETON NORTH](#)
- [TOBIQUE VALLEY](#)

Note:

Many towns have a community recreation Facebook Pages, which are the easiest way to connect with activities and people in the local community

MEDIA

TELEVISION

If you are looking for some news broadcasters, the 4 main English providers of the province are CBC New Brunswick, Global News New Brunswick, CTV Atlantic, and Rogers; with the two main Francophone providers being Noovo and TVA.



RADIO

There are several radio stations spread throughout Western New Brunswick. All the radio stations within the region are varied and span all sorts of content. They range from news outlets to music stations; Western New Brunswick offers everything you need to hear and more!

Woodstock Area:

- [96.1 FM Q96.1 #1 Hits](#)
- [95.3 FM CBC Radio One](#)
- [104.1 FM Pure Country 104](#)
- [107.7 FM Woodstock First Nation](#)

Grand Falls Area:

- [93.5 FM Bounce 93.p](#)
- [95.1 FM Frontière FM](#)
- [105.1 FM CFAI](#)

NEWSPAPERS

Some regional newspapers are:

- [Telegraph-Journal – Provincial Newspaper](#)
- [The Daily Gleaner – Western New Brunswick-oriented](#)
- [The Bugle Observer– Western New Brunswick-oriented](#)
- [River Valley Sun – Western New Brunswick-oriented](#)

Across Canada, there are two national newspapers:

- [The National Post](#)
- [The Globe and Mail](#)

ACCESSIBILITY

[AMI](#) is known as a not-for-profit organization that looks forward to supporting people with disabilities by providing them with media that entertains, informs, and empowers them. They offer three broadcasting services: AMI-tv and AMI-audio (English), and AMI- télé (French). They aim to establish a service that represents the interests, concerns, and values of people with disabilities through accessible media.



National holidays are celebrated on a federal level in Canada. There are also additional holidays recognized at the provincial level. These are paid public holidays (also called statutory or stat holidays), where employers are required to follow up provisions with their employees. For example, giving employees a paid day off or paying the rate of time and a half to employees who are working on holidays. For more information, refer [here](#).

There are also holidays celebrated nationwide, however, no paid vacation is given for these days:

- Valentine's Day (February 14th)
- St. Patrick's Day (March 17th)
- Mother's Day (2nd Sunday in May)
- Father's Day (3rd Sunday in June)
- Halloween (October 31st)

NATIONAL & PROVINCIAL HOLIDAYS

There are 9 paid public holidays celebrated in New Brunswick:

- New Year's Day (January 1st)
- Family Day (3rd Monday in February)
- Good Friday (varies each year)
- Canada Day (July 1st)
- New Brunswick Day (1st Monday in August)
- Labour Day (1st Monday of September)
- National Day for Truth and Reconciliation (September 30th)
- Remembrance Day (November 11th)
- Christmas Day (December 25th)

Other holidays, where schools and many stores and offices are closed, include:

- Easter Monday (the Monday following Good Friday)
- Victoria Day (3rd Monday in May)
- Thanksgiving Day (2nd Monday in October)
- Boxing Day (December 26th)

Daylight Savings:

In New Brunswick, we observe Daylight Savings Time from the second Sunday in March to the first Sunday in November. This helps maximize morning daylight in winter, benefiting our circadian rhythm and saving energy. "Spring Forward" in March moves the clock ahead by 1 hour at 2 a.m., and "Fall Back" in November moves it back by 1 hour at 2 a.m.

RELIGION IN WESTERN NEW BRUNSWICK

Western New Brunswick has a variety of places of worship for you to practice your faith.

- **ANGLICAN**
- **BAPTIST**
- **CATHOLIC**
- **JEWISH (Fredericton)**
- **PENTECOSTAL**
- **SHAMBHALA (Fredericton)**
- **SIKH (Moncton)**
- **WESLEYAN**
- **UNITED**
- **PRESBYTERIAN**
- **ADVENTIST**
- **JEHOVAH'S WITNESS**
- **EVANGELICAL LUTHERAN (Fredericton)**
- **CHRISTIAN REFORMED**
- **QUAKER(Fredericton)**
- **MARONITE(Fredericton)**
- **UNITARIAN(Fredericton)**
- **ORTHODOX CHRISTIAN(Fredericton)**
- **HINDU (Fredericton)**
- **MUSLIM Local Meetings available in Woodstock (Fredericton)**

Note:

Saint James United Church in Woodstock has space available for other denominations to worship. UPR-Jummah Mosque meets on Fridays. Check their events calendar to see what services are happening or to find out how you can organize your own meeting. Other spaces may be willing to allow their facilities to be used as well.





VOLUNTEERING IN WESTERN NEW BRUNSWICK

As a newcomer, volunteering can help you to familiarize yourself with the community, make new friendships, and find employment through networking.

In Western New Brunswick, the biggest platform to look for volunteering opportunities is by reaching out through the local Town Websites:

- [Lakeland Ridges](#)
- [Hartland](#)
- [Carleton North](#)
- [Southern Victoria](#)
- [Tobique](#)
- [Woodstock](#)

You can also find volunteer opportunities through the local groups:

[The Meduxnekeag River Association Inc.](#)
[Valley Food Bank](#)
[Canadian Red Cross](#)
[Harvest House](#)
[Victoria SPCA](#)
[Carlton County Animal Shelter](#)
[The Salvation Army](#)
[Making A Difference Food Bank- Perth-Andover](#)

[Rotary Club – Florenceville- Woodstock- Perth-Andover](#)
[Carlton Victoria Arts Council](#)
[Theater New Brunswick](#)
[Harvest House- Tobique](#)
[Canadian Mental Health Association](#)
[Hartland Helpers](#)
[MACC- Multicultural Association Of Carleton County](#)

Note:

For more information on networking, refer to [Chapter 4](#)

For all other communities, contact your local municipal office to enquire about other volunteer opportunities that may be available.



**If you wish to propose modifications or additions to this
Welcome Guide, kindly complete this form.**





START | GROW | THRIVE

WESTERN NEW BRUNSWICK WELCOME GUIDE

ATTRACT | CONNECT | INTEGRATE | RETAIN

